



# Shelby County Associated Industries Training Consortium

(502) 633-5068 | [scidf.com/associated-industries](http://scidf.com/associated-industries)

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## CPR-First Aid

This is a comprehensive adult CPR and First Aid Course eligible for certification (to be awarded at the completion of the course).

*Single-session course*

This course has been designed using extensive research and testing to improve mastery and retention over the long-term. This comprehensive course is taught in a dynamic, hands-on way with industry-leading curriculum and content. These courses provide the vital knowledge needed to respond to a medical emergency effectively and efficiently. Students will demonstrate lifesaving skills and first aid techniques in an interactive setting. Students will receive workbooks and First Aid quick guides.

### Class curriculum includes:

Acting in an Emergency

Preventing Disease Transmission

Assessing the Victim

Recovery Position

Choking

Bleeding and Wound Care

Shock

Burns

Bone, Joint and Muscle Injuries

Head and Spine Injuries

Sudden Illnesses – Diabetes,  
Asthma, Allergic Reactions,  
Heart Attack, and Stroke

Poisoning and Allergic Reactions

Cold and Heat Emergencies

CPR and AED

Choking

Rescuing and Moving Victims